



Who Do You Want to Be

Coaching with The Empowerment Dynamic

Igniting the Living Creator in Each of Us

Week	Date	Cohort*	Session
Orientation	Tuesday, May 17, 2022	8:30-9:30 AM PDT	Meet your fellow participants and organize your pods.
1	Tuesday, May 24, 2022	8:30-10:00 AM PDT	Living As a Creator
Pod Work	Week of May 24, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
2	Tuesday, May 31, 2022	8:30-10:00 AM PDT	Everything is About Outcomes
Pod Work	Week of May 31, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
3	Tuesday, June 7, 2022	8:30-10:00 AM PDT	Loosening the Grip of Your Drama Habits
Pod Work	Week of June 7, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
4	Tuesday, June 14, 2022	8:30-10:00 AM PDT	Loving Your Creator Essence
Pod Work	Week of June 14, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
5	Tuesday, June 21, 2022	8:30-10:00 AM PDT	Embracing Your Bold Challenger Energy
Pod Work	Week of June 21, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
6	Tuesday, June 28, 2022	8:30-10:00 AM PDT	Who Am I as Coach?
Pod Work	Week of June 28, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
Break	Tuesday, July 5, 2022	No live cohort this week.	Continue homework & journaling.
Pod Work	Week of July 5, 2022	No pod work this week.	

7	Tuesday, July 12, 2022	8:30-10:00 AM PDT	Relaxing into the Dynamic Tension
Pod Work	Week of July 12, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
8	Tuesday, July 19, 2022	8:30-10:00 AM PDT	Designing Who You Want to Be
Pod Work	Week of July 19, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
9	Tuesday, July 26, 2022	8:30-10:00 AM PDT	Completion & Accountability
Pod Work	Week of July 26, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
Bonus	Tuesday, August 2, 2022	8:30-10:00 AM PDT	A peek into next course and how to coach clients.

*Each week you will self-organize to meet with your pod (group of 3-4) outside of the required Tuesday sessions.